



BETTER WITH FITNESS

COMMUNITY WELLNESS INITIATIVES

SPRING 2020 VIRTUAL CLASS REGISTRATION FORM

NAME: _____

ADDRESS: _____

EMAIL: _____

HOME PHONE: _____ CELL: _____

VIRTUAL CLASSES START APRIL 26, 2020. HERE'S HOW THEY WORK:

Join us at home for FITNESS or TAP CLASSES. Both provide great exercise for your body and brain. Group online classes will be held at the appointed class time on Facebook. If you can't meet on Facebook at the scheduled time, the video links will be emailed to everyone. You will be given access to both the current and previous week's classes for a full week so that you will have two different classes per week to do, and you may do the classes more than once.

Fitness Potpourri (10-class package) Group Classes Fridays 10:30 am-11:30 am

This is a great mixture of different fitness workout styles designed to engage and challenge both your body and your brain

Use It, Lose It! (10-class package) Group Classes Fridays 9:00 am - 10:00 am

Serious core, strength & cardio training. A great choice for the guys or as a couple workout

Tap Intermediate (10-class package) Group Classes Wednesdays 11:00 am - 12:00 pm

followed by an optional live virtual group chat 12:00 pm – 12:30 pm

For those with a goodly amount of tap experience. We'll expand your repertoire of skills as we build two eventual performance pieces.

Tap Beginners & Not Quite (10-class package) Tuesdays 11:00 am – 12:00 pm

followed by optional live virtual group chat 12:00 pm – 12:30 pm


We'll start from scratch and take your feet places they never dreamed of going as we build two eventual performance pieces.

To calculate your cost:


Enter the cost of your first class, then add any additional number of classes at the sliding discount to get your total.

First class costs	_____	70.00/10-class session = 7.00/class
Second class costs	_____	60.00/10-class session = 6.00/class
Third class costs	_____	50.00/10-class session = 5.00/class

TOTAL: _____ Paid by: PayPal Visa Mastercard E-transfer

 If you wish to pay by credit card, please email me for the invoice and instructions.

 Please make all e-transfers and PayPal payments to betterwithfitness@gmail.com

 Please note that we cannot refund for any more unforeseen acts of nature.

CONTACT INFORMATION:

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